How to be an effective mentor

Neilson Society meeting
April, 10, 2017
Two types of mentors needed:

1. Technical mentor – an expert in a skill or task the mentee needs to master; this person teaches, guides and evaluates work and productivity

2. Developmental mentor – senior person in the field; advises the mentee about institutional and career issues, links with others who could help advance mentee’s career

* No one person can fulfill all a mentee’s needs, a mentoring network is really important
Mentoring resources at Vanderbilt

For trainees…
- **BRET ASPIRE**: career advice for students, opportunities for exploring “non-traditional” fields
- **BRET Office of Postdoctoral Affairs**: career advice, CV reviews, internship opportunities

For faculty…
- **Center for Teaching**: information on mentoring graduate students
- **Provost’s Office Faculty Affairs website**: Faculty Development/mentoring resources
- **NIH Office of Intramural Research**: Mentoring Cases
Mentoring resources at Vanderbilt

May 5, 2017
3:00-4:30pm
202 LH
Early Career Faculty Seminar

Kathy Gould, PhD and Chuck Sanders, PhD
“Effective Mentoring: Developing your own style”